



Subject: Abilities Centre COVID-19 Status Update
November 28, 2020

Dear Members,

As a valued member of our Abilities Centre community, we are writing to inform you that the Durham Region Health Department (DRHD) has identified a single positive case of COVID-19 at Abilities Centre. All those in the building on Wednesday, November 25th between the hours of 5pm to 7pm deemed high-risk of exposure have been contacted and are receiving guidance from public health officials. There is no new risk to anyone else that may have been present during or after that time.

Please note that unless you have been contacted by Abilities Centre and the Durham Region Health Department, there is no further action required at this time. At Abilities Centre we have a commitment to providing an outstanding experience for all those that engage in our programs and services. This update is being provided as part of our ongoing commitment to maintain regular communication and to ensure that our valued members, participants and guests are provided with up-to-date information. The health and well-being of our team and those we serve remains our highest priority.

Thanks to the cleaning and disinfection protocols in place at Abilities Centre that were followed at the end of the program, any further risk of exposure is low to zero. Those in attendance were closely monitored from start to finish, completed all necessary screening and sign-in processes, and there was no travel in any other area of the Centre other than to and from the activity space during which all participants were masked. Our current standards restrict access to locker room and shower area which was also strictly followed. Furthermore, a deep clean of all public areas of the Centre was done that evening, as is our practice every evening as well as mid-day every day. The disinfection products we use have been approved for use according to the latest information provided by Health Canada.

We want to assure you that we continue to undertake enhanced cleaning and disinfection practices, physical distancing and limiting contact within the Centre for everyone's protection. We remain limited in what programs and services we offer while in this Red (Control) zone, and our membership

continues to remain on hold. We act according to direction provided by public health authorities and will close or re-open our various programs and services depending on health and safety conditions. Your understanding and patience during these challenging times is very much appreciated. Rest assured, we are here for you and look forward to a full return to regular operations as soon as it is safe to do so.

Now more than ever, we must take care of ourselves and each other. We can do this by following the advice of public health agencies and government officials.

For more information about COVID-19 and public health response when a case is identified, please visit www.durham.ca/novelcoronavirus or contact Durham Health Connection Line (DHCL) at 1-800-841-2729. If you develop symptoms, immediately self-isolate and follow up with your health care provider and/or call the Durham Health Connection Line.

To learn more about what steps Abilities Centre has taken to minimizing the risk of COVID-19 in our facility, please view our [FAQ](#).

Yours sincerely,

Abilities Centre team