



## You. Me. We. Virtual School Challenge: Parent Permission Form

Our class is coordinating the opportunity for students to participate in the You. Me. We. Virtual School Challenge hosted by Abilities Centre Durham and Abilities Centre Ottawa. The program will involve students to follow a pre-recorded instructional video introducing a variety of inclusive physical activities (while remaining physically distant!). The program will conclude with a culminating activity within our class demonstrating our learning and sharing the various ways we choose to be active on Abilities Centre's website and social media channels.

The program schedule is as follows:

November 9-13, 2020: Dance with Momentum Moves

November 23-27, 2020: Yoga and Mindfulness with Bloom Therapeutic Recreation and Fitness Inc.

December 7-11, 2020: Fitness Training with some of Canada's top athletes

- By clicking the box, I grant and release to Abilities Centre Durham and Abilities Centre Ottawa the right to use photographs, audio tapes and/or videotapes in which my child (children) appear in any information, promotional and/or marketing materials such as videos, films, recordings, still photographs, digital images, social media (Facebook, Twitter, You Tube, Instagram, etc.) or articles relating to Abilities Centre Durham and Abilities Centre Ottawa, its programs and services including but not limited to, You. Me. We. Virtual School Challenge social media postings, membership brochures, newsletters, annual reports or our website, whether broadcast on television, radio or any other medium. In the event that these images are to be used for any other purpose by Abilities Centre that is inconsistent with the purposes outlined above, it is understood and agreed that my prior consent shall be obtained.

By clicking the boxes above and signing below, I acknowledge and agree to the statements made above.

Parent/Guardian Name

Parent/Guardian Signature

Date